



## Healthy Recipe Demonstrations With Chef Ben Kick-Off National School Lunch Week! (October 10-14)



Groups of 3rd-5th graders in select schools will have the opportunity to make this recipe alongside district chef, Ben Guggenmos!

- Davis Elementary, Oct. 10
- Broward Elementary, Oct. 11
- Egypt Lake Elementary, Oct. 12
- Buckhorn Elementary, Oct. 13
- Lopez Elementary, Oct. 14

### Dessert Fruit Pizza

#### Nutrient Values Per Serving

Calories: 181

Total Fat: 20% calories from fat

Saturated Fat: 9% calories from sat. fat

Carbohydrates: 35g

Fiber: 2.5g

Protein: 4g



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