Basketball (1503310)

Course Description: This course meets an elective requirement for Physical Education. The purpose of this course is to enable students to develop knowledge and skill in basketball and to maintain or improve health-related fitness. Appropriate instructional practices and assessments are used to elicit evidence of student understanding and proficiency of course specific benchmarks related to Cognitive Ability, Movement Competency, Lifetime Fitness, and Responsible Behavior and Values as outlined by the Next Generation Sunshine State Standards for Physical Education and the Common Core State Standards.

Topics include but are not limited to:
- Safety Practices
- Terminology
- History
- Biomechanical and Physiological Principles
- Techniques and Strategies
- Sportsmanship
- Fitness Activities
- Assessment of Skill and Health-Related Fitness
- Officiating
- Organization and Administration of Basketball Activities
- Consumer Issues
- Benefits of Participation